





United States Department of Agriculture

WATERMELON AGUA FRESCA

Yields 4-6 servings

Prep Time: 10 minutes

1-6 lb seedless watermelon, cut into 2 inch pieces

1 tablespoon lime juice

1 tablespoon agave nectar or honey

Ice cubes for serving

1. In a blender, combine half of the watermelon and 1 cup cold water and blend until smooth. Pour through a strainer into a pitcher and discard solids.
2. Repeat with remaining watermelon and 1 cup cold water.
3. Stir in lime juice and agave nectar. Refrigerate for at least 1 hour.
4. Served well-chilled over ice.

Recipe adapted from © 2019 WholeFoodsMarket.com

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